

Recovery Month—Fast Facts

2011 Health Reform and the Affordable Care Act

Health reform has the potential to affect everyone in the U.S. The 2010 Affordable Care Act gives Americans more freedom and control over their health care, as well as new benefits that ensure people will receive the care they need at a more reasonable cost.

Each insurance plan will differ from person to person, but here are some general provisions of the Affordable Care Act:

- Medicaid will expand its eligibility by 133% of the Federal Poverty Level, and all newly eligible parents and adults without children will receive benefits, to include essential substance use and mental health services at parity.
- Insurance programs are prohibited from imposing lifetime limits.
- Starting in 2014, if an individual does not have access to insurance through their employer, they will be able to buy insurance directly from a State Health Insurance Exchange— with more choices and lower prices.
- Insurance companies prohibited from denying coverage due to pre-existing condition for children in 2011, and adults in 2014.
- Young people can remain on their parent's health insurance policy through age 26.
- Most plans will cover preventive services (including substance use and mental disorder counseling), at no additional costs.

National
Recovery Month
Prevention Works • Treatment is Effective • People Recover
SEPTEMBER 2011

Washington
Recovery Help Line
24-Hr Help for Substance Abuse, Problem Gambling & Mental Health
866-789-1511
www.waRecoveryHelpLine.org

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www.recoverymonth.gov